

# Poppets Pre-School

## Food Hygiene Policy

The preparation of food, its storage and handling is subject to the Food Hygiene Act 1970 and the Food Safety Act 1990 which requires food to be stored at even room temperatures, in separate areas.

All staff are mindful to ensure both the safety of themselves and children when using sharp or dangerous equipment in food and drink preparation.

### **Food and Hygiene procedure:**

- All staff who either handle or prepare food will be offered food and hygiene training. Certificates will be on their file.
- All staff and children are to wash their hands with warm water and soap or antibacterial gel before handling food. Staff will wear gloves when touching food.
- Fresh drinking water is available to all children at all times.
- No child will be forced to eat or drink something against their will and the withholding or granting of food and drink will never be used as either punishment or reward.

### **Healthy Eating**

At Poppets Pre-school we recognise the importance of healthy eating and a balanced nutritious diet. We will only offer the children snacks and lunch bought in from home and we encourage parents to provide a healthy diet. We will seek parental permission if we wish to offer the children other food eg to celebrate different festivals. We are a nut free zone.

### **Cultural and Religious Diversity**

The pre-school and its staff are committed to embracing the cultural and religious diversity of the families who use our services. The pre-school is also keen to introduce children to different cultural and religious festivals and events through different types of food and drink.

### **Allergies**

We will adhere to any information given to us by parents regarding their child's allergies at all times.

This policy was adopted on: .....(date)

Signed on behalf of the pre-school: ..... (owner)

Date for review: August 2026 (annually)